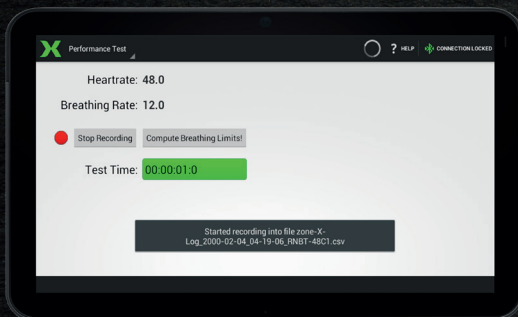
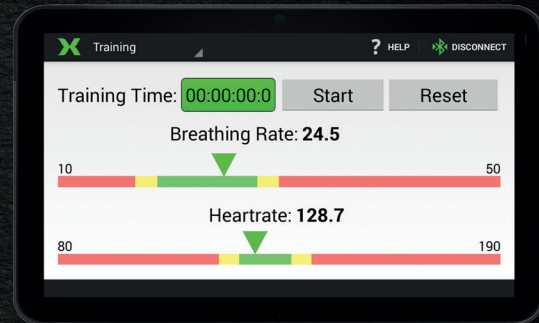


3 STEPS TO YOUR RESULT

1 Start the app on your tablet

- Put on the Zone-X mask and chest strap and connect the tablet with the Zone-X mask over Bluetooth.



2 Start performance test

- 2 minutes measurement at rest
- Increasing strain over 12-15 minutes to maximum performance of the test person.
- 2 minutes measurement at rest

3 Results in seconds

- Install the Zone-X software and simply connect the tablet via USB to PC or laptop.
- Specify personal data and fill in the performance log.
- Then click 'calculate', and you will get the results of the performance test in PDF form (see sample evaluation).

